

# **Exhibit H**

## **DECLARATION OF JOSHUA LADD**

### **I. Overview**

1. I am over eighteen years old and a resident of the State of Texas. I make this declaration pursuant to Title 6, Section 132.001(d) of the Texas Civil Practice and Remedies Code.

2. On or about October 18, 2018, I began serving a sentence in the Texas Department of Criminal Justice (“TDCJ”).

3. On or about October 2019, the Board of Pardons and Paroles (“Board”) approved me for parole with a status of FI-6R, meaning I could be released upon completion of a six-month program.

4. After I was approved for parole, I was unable to start my program for five months. During that time I remained incarcerated in the Telford Unit.

### **II. The MTC Programming in Gist State Jail Did Not Meet Minimum Standards**

5. I was transferred to the Gist State Jail on or about April 7, 2020, supposedly to begin my programming.

6. After I arrived at Gist, I was interviewed by a counselor. The interview lasted approximately fifteen minutes. I was informed that programming would start once I received a “master plan.”

7. In the recommendation for treatment that was created at the conclusion of the interview, the counselor wrote that I “would benefit from individualized, family and group counseling services.”

8. The first section of the programming, called Phase I, consisted of rote memorization of rules and some paperwork assignments.

9. During Phase I, we did not have any group therapy sessions and we did not have any sessions with counselors. Instead, we were given written assignments, such as writing a life story or

writing out all of the rules that we had been told to memorize. The test I completed on the rules is attached to this declaration.

10. During Phase I, I and all others in the program spent nearly all of our time in the bunk room, which housed over fifty people in two rows of bunks on opposite sides of the room.

11. During Phase I, though I received no counseling or therapy, I was assigned to work in the kitchen on the graveyard shift.

12. I was also given worksheet assignments to complete during this time. I and others in the Gist State Jail were provided with paper worksheets with simple assignments, such as answering a single question, on them. I was also required to write my "Life Story" and was provided three pages to do so.

13. None of the assignments in Phase I took more than a few minutes to complete.

14. During Phase I, I was required to record a total of twenty "Direct Treatment Hours" during each five-day week. None of these entries reflected an actual group session with staff members from MTC active and participating.

15. On or about April 22, 2022, I had a meeting with the counselor to "Phase Up" to "Phase II" of the program. The documentation for this meeting, attached to this declaration, lasted only 5-10 minutes.

16. After the meeting with the counselor, I was informed that I was starting "Phase II" of the program, but there was no change in what happened in the State Jail.

17. Phase II which I took from about April 23 through July 22, differed little from Phase I. We were still in the bunk room nearly all the time. We still were given paper worksheet assignments instead of counseling or group sessions. And we were still required to document classes and therapy sessions that never took place.

18. During this period, we were provided workbooks that had some information in them, told to read a few specific pages, then asked to fill out the worksheets based on what was in the workbook.

19. I do not recall the workbook that we were provided, but I have been shown copies of the cover of *Living in Balance* and *Commitment to Change*, and the covers I saw did not resemble the cover of the workbooks we were asked to read.

20. A sample of the worksheet assignments that we were given in Phase II is attached to this declaration. The worksheet categorizes each of the questions as representing an “hour of programming,” but none of the questions took more than ten to fifteen minutes to answer.

21. While I answered all the questions and turned in my work, numerous people in the program did not complete their work. I never was made aware that any of the assignments were graded, evaluated, or even read by staff.

22. On May 26, 2020, I had a 19-minute meeting with the counselor, as documented in the records attached to this declaration.

23. As I entered Phase III, the unit was placed on a medical lockdown, which restricted our movements even further. While the unit was in lockdown, we were not even asked to pretend to document sessions that did not happen. Instead, we were told to document four hours of “Alternative Treatment” each day.

24. As I wrote in my June 21 timesheet, during this period we “have not had Encounter Groups, we have not had phase or process groups either.”

25. During the period in which we were given workbook assignments, counselors would not be present in the room. Occasionally counselors would walk by and look in the room to see if anyone was not looking at his workbook. If someone was not looking at his workbook, the

counselor would enter the bunk room, scream at the person, throw the person's personal belongings off of the bunk, and then depart.

26. There were a few occasions—no more than eight to ten—during the eight months that I was in Gist that a counselor would be present for a session that was described as a group session. On these occasions, a counselor would arrive and either speak to the group about her own experiences or stay silent while members of the group carried on a discussion.

27. On the few occasions when we had this sort of group session, we would be broken into groups of two, but each group would record the time it took to conduct both sessions as “Direct Treatment.”

28. Instead, during the periods in which people were supposed to be filling out the workbook pages, they would pretend to have the workbooks nearby in case a counselor came and looked through the window.

29. The final workbook assignment was a “Relapse Prevention Plan,” which I filled out based on what was provided to us in the workbooks. I completed the Relapse Prevention Plan in early September 2020.

### **III. MTC Forced Program Participants to Complete Inaccurate Timesheets**

30. Although we did not have any group therapy sessions or any counseling, we were all required to fill out documentation claiming we did have such therapy.

31. We were provided with a “Weekly Summary Progress Note,” which included a timesheet, each week. Samples of my timesheets for Phase I are attached to this declaration.

32. A sample completed timesheet was posted on the wall. We were instructed to fill out our timesheets exactly like the sample, and instructed that if we did not complete the timesheet as it was posted on the wall, we could be disciplined or have our parole revoked.

33. The posted sample contained entries for group therapy sessions that did not take place. For example, I was required to record that I participated in a one-hour daily Encounter Group on each weekday of Phase I. But I did not participate in Encounter Group during those three weeks.

34. Although the worksheet assignments took only ten or fifteen minutes to complete, we were forced to record each assignment as though it represented a full hour of programming. For example, during the week of April 27, I was required to report five hours of Encounter Group,

35. As I wrote on the form that week, however, “We had no official Encounters, though I still continue to pay attention to the things I do or think or say.”

36. At the bottom of the timesheets for this period, there is a printed notice that program participants were “given daily handouts for group assignments that they do on their bunks during group hours.”

37. But this description is misleading: there was no evidence that the daily assignments were read, and no MTC staff participated in or guided us in the process of completing the assignments. Moreover, the assignments took mere minutes, not the hour we were compelled to record.

38. During Phase III, MTC continued to require that I record twenty hours of Direct Treatment that I did not receive. For example, on the week of May 8, I recorded five hours of Encounter Group, three hours of Phase Group, and three hours of Step Work. None of these group sessions took place.

39. During Phase III, we did not have group therapy sessions aside from the rare instances when a counselor would come to the bunk room, and yet each week we were required to record short written assignments as “Alternative Treatment” that took hours.

40. For example, on July 27, I was forced to record twenty hours of "Alternative Treatment." But, as noted on the form, all that had really happened that week is that I "completed pages 1-7 in my Phase III workbook." It did not take anywhere near twenty hours to complete the seven workbook pages.

41. During the program at Gist State Jail, I received no more than eight or ten group therapy sessions where an MTC counselor was present and actively participating.

42. During the program at Gist State Jail, I never received a one-hour therapeutic appointment with a counselor.

43. During that time, I sent a letter describing the programming, which is also attached to this declaration. The statements in the letter were true when I wrote them and they remain true today.

44. I was released on or about November 17, 2020.

My name is Joshua Ladd, my date of birth is October 2, 1974, and my address is 107 Dove Lane Kyle Texas, 78640. I declare under penalty of perjury that the foregoing is true and correct.

Executed in Ector County, State of Texas, on the 6<sup>th</sup> day of November, 2022.



Joshua Ladd

# **Exhibit H-1**



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## Recommendation for Treatment

*Counselor believes that offender would benefit from treatment in a Therapeutic Community. He would benefit from individualized, family, and group counseling sessions. He must be committed to terminating his substance use, cease all criminal activity, and become a productive, pro-active member of society. He needs to obtain a parole plan. He also needs to create a relapse prevention plan while in treatment at LeBlanc. He needs to establish himself in a 12-Step support group such as AA, NA, or Winner's Circle. He also needs to establish a relationship with a sponsor.*

---

Joshua Ladd

#1368894

F3-27

4-22-20

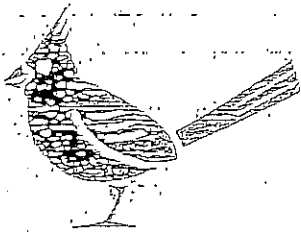
Orientation

Phase Test

1. Name the three types of community rules (the example of each kind)

(pictures are a hint) and list at least one of rule:

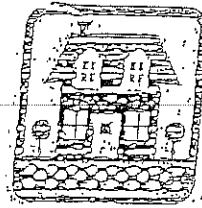
100%



Name: Cardinal Rules

Example:

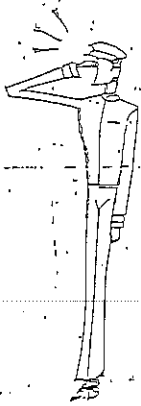
No Fighting,  
No sexual acting out,  
No Drugs or  
Other felonies



Name: House Rules

Example:

No slamming  
Dominoes.  
No sagging.  
Shower Daily



Name: Major Rules

Example:

No lying,  
No Gambling,  
No Racial slurs

2. These TC terms I understand and their meanings are:

Term: Bad Rapping

Meaning: Talking Trash

about another  
resident behind  
their back,  
Belittling them

Term: Passive

Meaning: being uninvolved

Not putting up  
any resistance  
or defense

Term: Hang-up

Meaning:

Having issues  
with something you  
can't find a  
solution for

3. Three reasons I want to change my ways:

- Because I'm sick of being in prison.
- Because my children need me.
- Because my wife needs me.

# Texas Department of Criminal Justice

## Rehabilitation Programs Division

Location: Gist Unit

### Therapeutic Team Meeting

Offender's Name: **Ladd, Joshua**

TDCJ #: **1368894**

Today's Date: **04/22/20**

SID #: **06548234**

Entry Date: **04/08/2020**

Discharge Date: **10/07/2020**

Time: **9:03 AM**

Was offender present for TTM? ☒ Yes ☐ No

Offender's Signature:

*Joshua Ladd* 4-22-20  
*T. Jones LCDC*

Counselor Signature:

(Ms. T. Jones, LCDC)

Purpose of TTM:

☒ Phasing Approved ☒ Yes ☐ No From: **Phase 1** To: **Phase 2** Date Effective: 04/22/20

☐ Structure changes (G L) ☐ Add to: \_\_\_\_\_ ☐ Remove from: \_\_\_\_\_

☐ Privileges ☐ Add: \_\_\_\_\_ ☐ Remove: \_\_\_\_\_

☐ Delayed

☐ Return to Treatment

☐ Extension for 30 days

☐ Removal (list reasons below)

☐ Evaluation of progress; participation, attitude, compliance, program completion (summarize below)

☐ Send Copy to Parole Officer/CSCD

☐ Intervention (specify) \_\_\_\_\_

Comments, Explanation, Summary: **The treatment team has reviewed Mr. Ladd's work and he appears to be making progress. He has passed his HIV and Orientation Tests. The treatment team agrees that he has met the requirements to move into Phase 2 having finished his assignments.**

Offender's Affect/ Expression (check all that apply)

☒ Appropriate: responsive, consistency between behaviors

☐ Blunted: non-spontaneous, detached, uninvolved

☐ Constricted: muted, subdued, apathetic

☐ Flat: bland, expressionless, remote

☐ Labile: rapid shifts in mood, feelings, expressions

☐ Resistive

☐ Cooperative

☐ Open, friendly

☐ Sad

☐ Happy

Staff Present Signatures:

1. \_\_\_\_\_ 4. \_\_\_\_\_

2. \_\_\_\_\_ 5. \_\_\_\_\_

3. \_\_\_\_\_ 6. \_\_\_\_\_

04/22/20

# Weekly Summary Progress Note

Client's Name: Ladd Joshua W  
Last First M.I.

TDCJ #: 1368894 Dorm: F-3-27 Phase: 1  
Reporting Week: 4/6/20 4/12/20

Counselor: Jones

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group			1	1	1			3
Process Group				1				1
Phase Groups			1		1			2
Life Skills				1				1
Step Work			1		1			2
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching			1	1	1			3
Affirmation Group								
Totals			4	4	4			12
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)						3	3	6
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support			1	1	1			3
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program								
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
Totals			1	1	1	4	4	11

TDCJ Job Assignment/ Change: Kitchen Education/Changes: \_\_\_\_\_ Structure Position: \_\_\_\_\_  
Tickets Written: \_\_\_\_\_ Slips Written: \_\_\_\_\_ L.E.'s Received: \_\_\_\_\_ TPRs Received: \_\_\_\_\_ Encounters Received: \_\_\_\_\_ Given: \_\_\_\_\_  
Family participation: Visit: \_\_\_\_\_ Mail: \_\_\_\_\_ Phone Call: 5 Family Ed: \_\_\_\_\_ From Whom: wife

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

Client has complete most of his assignments and was able to process some assignments. He did not have any immediate issues that had to be dealt with at this time. He is participating adequately, his attitude and behavior are positive, and he is abiding by rules and policy.

Counselor's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

1. Write a paragraph explaining what you learned in Phase group this week:

I learned the differences in Cardinal Rules, Major Rules, and House Rules, as well as TDCJ policies in relation to this program. I also learned the lines of communication of the program and the Unit.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

I learned that I don't remember ever celebrating Easter dinners, but all that I do remember is the candy and egg hunts and egg coloring. I also learned how impatient I am.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

~~Over the past week I learned~~ I learned that I don't want to be the guy in the hot seat because I don't know how I would react, so I will watch my step.

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

Well... I haven't received a Treatment Plan yet, I have had to figure everything out on my own, I don't know who my counselor is, who my Big Brother is, so I am just trying to use common sense.

5. What privileges did you gain this week? (If none, write "None".)

I am brand new here, I gained no privileges.

6. What privileges did you lose this week? (If none, write "None".)

I again lost no privileges.

Write any information you want your counselor to know.

Offender Signature: Joshua Jadd

Date: April 12, 20

## Weekly Summary Progress Note

Client's Name: Ladd Joshua W  
Last First M.I.  
Counselor: Jones

TDCJ #: 1368894 Dorm: E3-27 Phase: 1

Reporting Week: 4/13/20 4/19/20

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group	1	1	1	1	1			5
Process Group		1		1				2
Phase Groups	1		1		1			3
Life Skills		1		1				2
Step Work	1		1		1			3
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching	1	1	1	1	1			5
Affirmation Group								
<b>Totals</b>	4	4	4	4	4			20
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)						3	3	6
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support	1	1	1	1	1			5
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program								
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
<b>Totals</b>	1	1	1	1	1	4	4	13

TDCJ Job Assignment/ Change: Kitchen Education/Changes: 1 Structure Position: 1

Tickets Written:      Slips Written:      L.E.'s Received:      TPRs Received:      Encounters Received:      Given:     

Family participation: Visit: - Mail: Y Phone Call: Y Family Ed: - From Whom: Wife

DO NOT WRITE BELOW THIS LINE

Client Received:	Direct Treatment Hours	Indirect Treatment Hours

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

**Did He Attend Make Up Group?** ☐Yes ☐No

**Stages of Change:** ☐Pre-Contemplation ☐Contemplation ☐Preparation ☐Action / ☐Maintenance

**Other Comments:** Client continues to learn the proper way to confront others demonstrated by his reactions in encounter group. process. He is learning how to identify his feelings and learning new ways of expressing them through the confrontation and process groups.

Counselor's Signature: T Jones LCW Date: \_\_\_\_\_

1. Write a paragraph explaining what you learned in Phase group this week:

I've been learning all the Cardinal Rules, Major Rules and house rules and a lot of the common phrases and their definitions in relation to the program. I learned why there's a structure we have to follow.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

I learned about setting goals; small, short term goals and long time goals. I learned that in two years I see myself with my family and still on a sober path.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

I learned that no matter how much you think you are following each and every rule or policy, there always seems to be one I am still not following correctly - whether others notice or not.

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I completed (to the best of my ability) my life story, which of course is only a summary. I will turn it in I guess when I reach the time to move to the next phase.

5. What privileges did you gain this week? (If none, write "None".)

none

6. What privileges did you lose this week? (If none, write "None".)

none

Write any information you want your counselor to know.

Offender Signature:

*Joshua Todd*

Date:

4-19-20

## Weekly Summary Progress Note

Client's Name: Ladd Joshua W  
 Last First M.I.  
 Counselor: T. Jones

TDCJ #: 1368894 Dorm: F3-27 Phase: II  
 Reporting Week: 4/20/2020 4/26/20

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group	1	1	1	1	1			5
Process Group		1		1				2
Phase Groups	1		1		1			3
Life Skills		1		1				2
Step Work	1		1		1			3
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching	1	1	1	1	1			5
Affirmation Group								
<b>Totals</b>	<b>4</b>	<b>4</b>	<b>4</b>	<b>4</b>	<b>4</b>			<b>20</b>
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)						3	3	6
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support	1	1	1	1	1			5
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program								
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
<b>Totals</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>4</b>	<b>4</b>	<b>13</b>

TDCJ Job Assignment/ Change: Kitchen Education/Changes: — Structure Position: —  
 Tickets Written: 0 Slips Written: 2 L.E.'s Received: — TPRs Received: — Encounters Received: 0 Given: 2  
 Family participation: Visit: — Mail: — Phone Call: — Family Ed: — From Whom: No phones on

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_  
 \_\_\_\_\_ Client continues to learn the proper way to confront others demonstrated by his  
 \_\_\_\_\_ reactions in encounter group process. He is learning how to identify his feelings and learning  
 \_\_\_\_\_ new ways of expressing them through the confrontation and process groups.

Counselor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_



1. Write a paragraph explaining what you learned in Phase group this week:

I learned more about diseases and illnesses - HIV, Hep C, TB, and we watched a video about the COVID-19 illness, and I went to phase II and learned the A/O cycle.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

That I am very bitter still about how TDCJ is pretending to give a damn about me and my drug use and they are willing to risk my life to keep me here despite a national crisis.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

that it's hard to be as perfect and fault free as I am expected to be, and that I prefer not to judge others and I would prefer to worry about myself.

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I turned in my life story, completed the test for Phase I and I moved to phase II. I also recited the philosophy to my peers in group - "mostly" from memory.

5. What privileges did you gain this week? (If none, write "None".)

None —

6. What privileges did you lose this week? (If none, write "None".)

None —

Write any information you want your counselor to know.

Offender Signature:



Date:

4-26-20

## Weekly Summary Progress Note

Client's Name: Ladd Joshua W  
Last First M.I.  
 Counselor: Ms. Jones

TDCJ #: 1368894 Dorm: F3-27 Phase: 2  
 Reporting Week: 4/27/20 J-3-20

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group	1	1	1	1	1			5
Process Group		1		1				2
Phase Groups	1		1		1			3
Life Skills		1		1				2
Step Work	1		1		1			3
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching	1	1	1	1	1			5
Affirmation Group								
<b>Totals</b>	<b>4</b>	<b>4</b>	<b>4</b>	<b>4</b>	<b>4</b>			<b>20</b>
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)						3	3	6
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support	1	1	1	1	1			5
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program								
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
<b>Totals</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>4</b>	<b>4</b>	<b>13</b>

TDCJ Job Assignment/ Change: Kitchen Education/Changes: — Structure Position: —  
 Tickets Written: — Slips Written: — L.E.'s Received: — TPRs Received: — Encounters Received: — Given: —  
 Family participation: Visit: — Mail: 1 Phone Call: 4 Family Ed: — From Whom: wife

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

No direct contact with offender due to COVID-19, Offender was given daily handouts for group assignments that they complete on their bunks during group hours

Counselor's Signature: T Jones LCC

Date: \_\_\_\_\_

1. Write a paragraph explaining what you learned in Phase group this week:

I learned communication skills and techniques, I learned the differences of facts vs. accepted truths, and the effects of the thinking error "false-pride" and how it played a role in my past.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

I learned about how I've always thought I was unique and to now learn that some of the parallel beliefs associated with that are actually thinking errors and I need to redefine what I consider unique.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

We had no official Encounters though I still continue to pay attention to the things I do or think or say.

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I completed my 3 page essay of my Master Treatment plan I completed my 2 page essay of my MTP and I wrote in my own words the 12 steps of AA and related it to Relationships - all this is for "Problem #2" of my MTP.

5. What privileges did you gain this week? (If none, write "None".)

none

6. What privileges did you lose this week? (If none, write "None".)

none

Write any information you want your counselor to know.

Offender Signature:

Jessica Todd

Date: 5-3-20

## Weekly Summary Progress Note

Client's Name: Ladd Joshua W  
 Last First M.I.  
 Counselor: Ms. T. Jones

TDCJ #: 1368894 Dorm: F3-27 Phase: II  
 Reporting Week: 5/4/2020 5/10/2020

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group	1	1	1	1	1			5
Process Group		1		1				2
Phase Groups	1		1		1			3
Life Skills		1		1				2
Step Work	1		1		1			3
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching	1	1	1	1	1			5
Affirmation Group								
Totals	4	4	4	4	4			20
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)						3	3	6
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support	1	1	1	1	1			5
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program								
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
Totals	1	1	1	1	1	4	4	13

TDCJ Job Assignment/ Change: \_\_\_\_\_ Education/Changes: \_\_\_\_\_ Structure Position: \_\_\_\_\_  
 Tickets Written: \_\_\_\_\_ Slips Written: \_\_\_\_\_ L.E.'s Received: \_\_\_\_\_ TPRs Received: \_\_\_\_\_ Encounters Received: \_\_\_\_\_ Given: \_\_\_\_\_  
 Family participation: Visit: \_\_\_\_\_ Mail: \_\_\_\_\_ Phone Call: \_\_\_\_\_ Family Ed: \_\_\_\_\_ From Whom: \_\_\_\_\_

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

No direct contact with offender due to COVID-19, Offender was given daily handouts for group assignments that they complete on their bunks during group hours

Counselor's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

1. Write a paragraph explaining what you learned in Phase group this week:

More about the A/O cycle - the stages of group development and preparedness and willingness to change. We also learned the self-control model and short-cycling in the addiction/offender cycle.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

I learned about the importance of communication in the recovery process and processes we go through (as humans) for ~~the~~ grief. We learned about how changes in your belief system can change your entire life.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

I learned that we are supposed to sign our names on the slips, and that even though we are doing good the counselors want us to be at each others' throats destroying the harmony of the group.

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I completed two assignments from my Master treatment plan for Problem #1 objective #2 for my Phase II treatment. Also completed two assignments of the MTP for Problem #3 on 5-4-20 and 5-10-20

5. What privileges did you gain this week? (If none, write "None".)

NONE

6. What privileges did you lose this week? (If none, write "None".)

NONE

Write any information you want your counselor to know.

Offender Signature: Shane Caldwell

Date: 5-10-20

## Weekly Summary Progress Note

Client's Name: Ladd Joshua W.  
 Last First M.I.  
 Counselor: Ms. Jones

TDCJ #: 1368894 Dorm: F3-27 Phase: 2  
 Reporting Week: 5/11/2020 5/17/2020

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics				A	T			
Encounter Group	1	1	1	1	R			3
Process Group		1		1	e			1
Phase Groups	1		1	T	a			2
Life Skills		1		e	T			1
Step Work	1		1	R	M			2
Peer Education (HIV)				N	e			
Orientation				a	n			
Cognitive Intervention Group / Mapping				T				
Individual Session(s)				T				
Marching	1	1	1	V				3
Affirmation Group				e				
Totals	4	4	4					12
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support	1	1	1					3
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program								
Treatment Work / GI								
Parenting								
Outside Support Group Meetings (T, W, F, S)								
Totals	1	1	1					3

TDCJ Job Assignment/ Change: Kitchen Education/Changes: \_\_\_\_\_ Structure Position: \_\_\_\_\_  
 Tickets Written: \_\_\_\_\_ Slips Written: \_\_\_\_\_ L.E.'s Received: \_\_\_\_\_ TPRs Received: \_\_\_\_\_ Encounters Received: \_\_\_\_\_ Given: \_\_\_\_\_  
 Family participation: Visit: \_\_\_\_\_ Mail: \_\_\_\_\_ Phone Call: \_\_\_\_\_ Family Ed: \_\_\_\_\_ From Whom: \_\_\_\_\_

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

No direct contact with offender due to COVID-19, Offender was given daily handouts for group assignments that they complete on their bunks during group hours

Counselor's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

1. Write a paragraph explaining what you learned in Phase group this week:

learned about destructive behaviors and the benefits of alleviating them, and about criminal addictive behaviors and their effect on our lives and how to change all these.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

learned about how to handle tough situations, mostly legal, in a healthy way. Learned about "otto-matic" and the self-control model and the five basic needs of each person.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

I learned that I am steering to death in here and I see no benefit that has for treatment of a substance abuse issue.

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I completed two assignments for my Master Treatment Plan for Problem #4. I completed those on May 13 and May 16.

5. What privileges did you gain this week? (If none, write "None".)

None

6. What privileges did you lose this week? (If none, write "None".)

Can't lose any if you never had any!

Write any information you want your counselor to know.

Offender Signature:

*Shirley O'Leary*

Date:

5-17-20

# Weekly Summary Progress Note

Client's Name: Ladd Joshua W  
 Last First M.I.  
 Counselor: Jones

TDCJ #: 1368894 Dorn: F3-27 Phase: 2  
 Reporting Week: 5/18/2020 5/24/2020

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group	1	1	1	1	1			5
Process Group		1		1				2
Phase Groups	1		1		1			3
Life Skills		1		1				2
Step Work	1		1		1			3
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching	1	1	1	1	1			5
Affirmation Group								
Totals	4	4	4	4	4			20
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)						3	3	6
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support	1	1	1	1	1			5
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program								
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
Totals	1	1	1	1	1	4	4	13

TDCJ Job Assignment/ Change: \_\_\_\_\_ Education/Changes: \_\_\_\_\_ Structure Position: \_\_\_\_\_  
 Tickets Written: \_\_\_\_\_ Slips Written: \_\_\_\_\_ L.E.'s Received: \_\_\_\_\_ TPRs Received: \_\_\_\_\_ Encounters Received: \_\_\_\_\_ Given: \_\_\_\_\_  
 Family participation: Visit: \_\_\_\_\_ Mail: 1 Phone Call: 5 Family Ed: \_\_\_\_\_ From Whom: Wife

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

No direct contact with offender due to COVID-19, Offender was given daily handouts for group assignments that they complete on their bunks during group hours

Counselor's Signature: T Jones

Date: \_\_\_\_\_



1. Write a paragraph explaining what you learned in Phase group this week:

I learned about Thinking errors and The consequences of acting negatively based on them, about Thinking patterns, attitudes, and beliefs and how they affect our everyday choices.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

I learned about problem solving differences in relation to recovery and in life. I learned the major difficulties involved with the changing process after a life of wrong choices.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

I learned that no matter how much we cry and complain about hunger, that we are going to starve here, and if I knew the program was like this I never would have come.

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

on 5-22 I completed last assignment for problem #4 of my Master Treatment Plan.

5. What privileges did you gain this week? (If none, write "None".)

none - we don't get any

6. What privileges did you lose this week? (If none, write "None".)

none - never had any

Write any information you want your counselor to know.

Offender Signature:



Date: 5-24-20

## Weekly Summary Progress Note

Client's Name: LADD Joshua W  
 Last First M.I.  
 Counselor: Jones

TDCJ #: 1368894 Dorm: D4 Phase: II  
 Reporting Week: 5/26/2020 5/31/2020

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group								
Process Group								
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching								
Affirmation Group								
Totals								0
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program	4	4	4	4	4	—	—	25
Treatment Work / GI								
Parenting								
Outside Support Group Meetings (T, W, F, S)								
Totals								25

TDCJ Job Assignment/ Change: Kitchen Education/Changes: — Structure Position: —  
 Tickets Written: — Slips Written: — L.E.'s Received: — TPRs Received: — Encounters Received: — Given: —  
 Family participation: Visit: — Mail: — Phone Call: 7 Family Ed: — From Whom: Wife

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

Client completed his alternative treatment assignments. TDCJ was on a medical lockdown this week.

Counselor's Signature: Shirley Otto LCDC

Date: 6.1.20

1. Write a paragraph explaining what you learned in Phase group this week:

I learned the importance and rewards of expressing gratitude during recovery as well as productive ways of asking for things I want rather than demanding them and receiving nothing.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

I learned why peer support or peer support network is necessary for recovery and the importance of balance in recovery, family, and work.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

N/A

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I have worked on but not yet completed one essay from problem #2 on MTP and one essay from problem #3

5. What privileges did you gain this week? (If none, write "None".)

none

6. What privileges did you lose this week? (If none, write "None".)

none

Write any information you want your counselor to know.

Offender Signature:

*Joshua Cladd*

Date:

5-31-20

## Weekly Summary Progress Note

Client's Name: LAOD Joshua W  
 Last First M.I.

TDCJ #: 1368894 Dorm: D-4 Phase: II

Counselor: \_\_\_\_\_

Reporting Week: 6/1/2020 6/7/2020

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group								
Process Group								
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching								
Affirmation Group								
Totals								<u>0</u>
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program	<u>4</u>	<u>4</u>	<u>4</u>	<u>4</u>	<u>4</u>			<u>20</u>
Treatment Work / GI								
Parenting								
Outside Support Group Meetings (T, W, F, S)								
Totals								<u>20</u>

TDCJ Job Assignment/ Change: \_\_\_\_\_ Education/Changes: \_\_\_\_\_ Structure Position: \_\_\_\_\_

Tickets Written: \_\_\_\_\_ Slips Written: \_\_\_\_\_ L.E.'s Received: \_\_\_\_\_ TPRs Received: \_\_\_\_\_ Encounters Received: \_\_\_\_\_ Given: \_\_\_\_\_

Family participation: Visit: \_\_\_\_\_ Mail: \_\_\_\_\_ Phone Call: \_\_\_\_\_ Family Ed: \_\_\_\_\_ From Whom: \_\_\_\_\_

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

No direct contact with offender due to COVID-19, Offender was given daily handouts for group assignments that they complete on their bunks during group hours

Counselor's Signature: T. Jones

Date: 6/8/20

1. Write a paragraph explaining what you learned in Phase group this week:

Medical Lockdown

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

medical Lockdown

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

medical lockdown

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

still working on them - none completed

5. What privileges did you gain this week? (If none, write "None".)

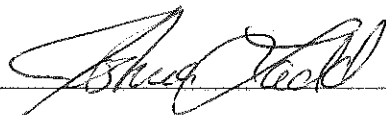
We have absolutely 0 privileges

6. What privileges did you lose this week? (If none, write "None".)

no visits, no rec, no hot food, no phone calls, no library,  
no respect, no dignity, no humanity, no compassion, no life

Write any information you want your counselor to know.

Offender Signature:



Date:

6-7-20

## Weekly Summary Progress Note

Client's Name: LADD Joshua W  
Last First M.I.  
 Counselor: Jones

TDCJ #: 1368894 Dorm: E1-47 Phase: II  
 Reporting Week: 6/8 - 6/14

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group								
Process Group								
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching								
Affirmation Group								
Totals								
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program	4	4	4	4	4			20
Treatment Work / GI								
Parenting								
Outside Support Group Meetings (T, W, F, S)								
Totals	4	4	4	4	4			20

Alternative Treatment

TDCJ Job Assignment/ Change: Kitchen Education/Changes: — Structure Position: —  
 Tickets Written: — Slips Written: — L.E.'s Received: — TPRs Received: — Encounters Received: — Given: —  
 Family participation: Visit: — Mail: — Phone Call: 7 Family Ed: — From Whom: Wife

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

\_\_\_\_\_ No direct contact with offender due to COVID-19, Offender was given daily handouts for group assignments that they complete on their bunks during group hours

Counselor's Signature: T Jones

Date: \_\_\_\_\_

1. Write a paragraph explaining what you learned in Phase group this week:

learned about Destructive behaviors and the alleviation of them and criminal addictive behaviors. We also learned about the relationship or (link thereof) between diets and drug use.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

I learned about how to properly handle crisis without resorting to negative behaviors and relapsing. also about anxiety triggers and their relation to substance abuse and crisis.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

Medical lockdown

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

still working on Phase II assignments and essays for my Master Treatment Plan as well as the other problems and objectives in MTP.

5. What privileges did you gain this week? (If none, write "None".)

6. What privileges did you lose this week? (If none, write "None".)

Write any information you want your counselor to know.

Offender Signature:

*Joshua J. Hall*

Date: 8-14-20

## Weekly Summary Progress Note

Client's Name: LADD Joshua W TDCJ #: 1368894 Dorm: E1-47 Phase: II  
 Last First M.I.  
 Counselor: Jones Reporting Week: 6-15 To 6-21

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group								
Process Group								
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching								
Affirmation Group						3	3	6
Totals						3	3	6
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program	4	4	4	4	4			20
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
Totals	4	4	4	4	4	1	1	22

TDCJ Job Assignment/ Change: Kitchen Education/Changes: — Structure Position: —  
 Tickets Written: — Slips Written: — L.E.'s Received: — TPRs Received: — Encounters Received: — Given: —  
 Family participation: Visit: — Mail: — Phone Call: 7 Family Ed: — From Whom: Wife

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments:

Offender began receiving direct contact again this week, offender was given daily handouts for group assignments that they completed and discussed in groups of 22 during group hours

Counselor's Signature: T Jones Date: \_\_\_\_\_



1. Write a paragraph explaining what you learned in Phase group this week:

I revealed to myself all the negative consequences I've experienced due to my drug use and criminal behavior. I've learned some changes I need to make in myself to maintain sobriety as well as new habits to replace drug use.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

I've learned about some of my underlying anger issues and how to implement impulse control and how to apply the techniques in free world situations in regards to combatting relapse triggers and negative thoughts.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

We have been on alternate treatment because of COVID-19 and have not had Encounter groups. We have not had phase or process groups either but I wrote above what I've learned during alternate treatment.

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I completed problem #5 of my master treatment plan to help me deal with triggers and relapse possibilities and I completed an essay on thoughts, attitudes, and behaviors for maintaining sobriety.

5. What privileges did you gain this week? (If none, write "None".)

None

6. What privileges did you lose this week? (If none, write "None".)

None

Write any information you want your counselor to know.

Offender Signature:

*Blue Field*

Date:

6-21-20

## Weekly Summary Progress Note

Client's Name: LADD Joshua W  
 Last First M.I.  
 Counselor: Jones

TDCJ #: 1368894 Dorm: F1-47 Phase: II  
 Reporting Week: 6/22 - 6/28

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group								
Process Group								
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching								
Affirmation Group						3	3	6
Totals						3	3	6
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program	4	4	4	4	4			20
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
Totals	4	4	4	4	4	1	1	22

Alternate Treatment

TDCJ Job Assignment/ Change: Kitchen Education/Changes: — Structure Position: —  
 Tickets Written: — Slips Written: — L.E.'s Received: — TPRs Received: — Encounters Received: — Given: —  
 Family participation: Visit: — Mail: 1 Phone Call: 6 Family Ed: — From Whom: wife

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

Counselor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

1. Write a paragraph explaining what you learned in Phase group this week:

learned Three Top Thinking errors I have that contributed to my drug use and how to change them. learned how to challenge my negative or dangerous thoughts and I acquired skills and techniques to disrupt them.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

learned how to identify the difference between triggers and warning signs and how to develop coping plans for them. learned ways to ~~dealt~~ deal with the stresses of financial issues and demanding issues of a job.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

No Encounter Group

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

Completed pages 5-10 in Cognitive Intervention Workbook - Complete the Twelve steps in my own words and how I use them in my life - Completed an Essay for Master Treatment plan.

5. What privileges did you gain this week? (If none, write "None".)

None

6. What privileges did you lose this week? (If none, write "None".)

None

Write any information you want your counselor to know.

Offender Signature:

Joshua Ladd

Date:

6-28-20

## Weekly Summary Progress Note

Client's Name: LADD Joshua W TDCJ #: 1368884 Dorm: E1-47 Phase: II  
 Last First M.I.  
 Counselor: Jones ? Reporting Week: 6/29 7/5

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group								
Process Group								
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching								
Affirmation Group						3	3	6
Totals						3	3	6
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program	4	4	4	4	4			20
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
Totals	4	4	4	4	4	1	1	22

Alternative Treatment

TDCJ Job Assignment/ Change: Kitchen Education/Changes: — Structure Position: —  
 Tickets Written: — Slips Written: — L.E.'s Received: — TPRs Received: — Encounters Received: — Given: —  
 Family participation: Visit: — Mail: 1 Phone Call: 7 Family Ed: — From Whom: Wife

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

Counselor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

1. Write a paragraph explaining what you learned in Phase group this week:

learned about problem behaviors and what beliefs led to that behavior and what needs are attempted to be met and alternate beliefs (again) that can be implemented in order to learn to change ~~out~~ my world view

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

learned how chaotic the world would be without rules and laws (proven by the protests throughout the country) learned about rule "signposts" and how they relate to my ~~own~~ belief system and my "belief windshield".

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

We have not had Encounter groups during Alternate Treatment due to the COVID-19 crap.

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I completed the Basic Needs Questionnaire in workbook and completed pages 1-10 in workbook. Complete 4 one page essays on "people I affected" from Master Treatment Plan.

5. What privileges did you gain this week? (If none, write "None".)

None

6. What privileges did you lose this week? (If none, write "None".)

None

Write any information you want your counselor to know.

Offender Signature:

*Joshua Todd*

Date:

7-5-20

## Weekly Summary Progress Note

Client's Name: Ladd Joshua W  
 Last First M.I.  
 Counselor: Daigle

TDCJ #: 1368894 Dorm: F1-47 Phase: II  
 Reporting Week: 7/6/20 - 7/12/20

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group								
Process Group								
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching								
Affirmation Group						3	3	6
Totals						3	3	6
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program	4	4	4	4	4	-	-	20
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
Totals	4	4	4	4	4	1	1	22

Alternative Treatment

TDCJ Job Assignment/ Change: Kitchen Education/Changes: — Structure Position: —  
 Tickets Written: — Slips Written: — L.E.'s Received: — TPRs Received: — Encounters Received: — Given: —  
 Family participation: Visit: — Mail: — Phone Call: 7 Family Ed: — From Whom: Wife

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

Counselor's Signature: [Signature] KDC

Date: 7-15-2020

1. Write a paragraph explaining what you learned in Phase group this week:

learned more about Thinking Errors through various exercises in group and in workbook. I learned what thinking errors I have continuously repeated in my life and how to identify those patterns associated w/ them.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

learned about the tons of different feelings we can experience through different situations, learned about how anger physically affects our bodies and how anger is associated with unrealistic expectations.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

We did not have encounter group due to Covid-19.

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I completed pages 46-48 and pages 35 & 36 in the workbook. Completed 3 pages of essays for phase II of Master Treatment Plan. Recited by memory the 12 steps of AA.

5. What privileges did you gain this week? (If none, write "None".)

none

6. What privileges did you lose this week? (If none, write "None".)

none

Write any information you want your counselor to know.

Offender Signature:

Joshua J. Judd

Date:

7-12-20

## Weekly Summary Progress Note

Client's Name: LADD Joshua W  
 Last First M.I.  
 Counselor: Dargle

TDCJ #: 1368894 Dorm: F1-47 Phase: II  
 Reporting Week: 7/13/20 To 7/19/20

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group								
Process Group								
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching								
Affirmation Group						3	3	6
Totals						3	3	6
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program	4	4	4	4	4			20
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
Totals	4	4	4	4	4	1	1	22

Alternative Treatment

TDCJ Job Assignment/ Change: Kitchen Education/Changes: — Structure Position: —  
 Tickets Written: — Slips Written: — L.E.'s Received: — TPRs Received: — Encounters Received: — Given: —  
 Family participation: Visit: — Mail: 1 Phone Call: 3 Family Ed: — From Whom: Wife

DO NOT WRITE BELOW THIS LINE

Client Received:                      Direct Treatment Hours                      Indirect Treatment Hours

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other:                     

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments:                     

Counselor's Signature: 

Date: 7-30-2020



1. Write a paragraph explaining what you learned in Phase group this week:

I learned about resentments and their self-defeating nature, how they dominate our thinking and allow others to control our life, how they block us from a greater power and can give us an excuse to use or drink again.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

I learned differences between constructive anger and resentments, how resentments cause us to feel old pain or anger over & over and continuously make us unhappy. I learned about fears we harbor and how they affect our everyday lives.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

No Encounter group

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I have completed all Phase II assignments in my Master Treatment Plan. I completed the remainder of my Cognitive Workbook and I hope to progress to Phase III next week.

5. What privileges did you gain this week? (If none, write "None".)

None

6. What privileges did you lose this week? (If none, write "None".)

None

Write any information you want your counselor to know.

Offender Signature:

Joshua Ladd

Date:

7-19-20

# Weekly Summary Progress Note

Client's Name: LADD Joshua W  
 Last First M.I.  
 Counselor: Doyle

TDCJ #: 1268894 Dorm: F1-47 Phase: III  
 Reporting Week: 7/20/20 - 7/26/20

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group								
Process Group								
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching								
Affirmation Group						3	3	6
Totals						3	3	6
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program	4	4	4	4	4			20
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
Totals	4	4	4	4	4	1	1	22

Alternative Treatment

TDCJ Job Assignment/ Change: Kitchen Education/Changes: \_\_\_\_\_ Structure Position: \_\_\_\_\_  
 Tickets Written: \_\_\_\_\_ Slips Written: \_\_\_\_\_ L.E.'s Received: \_\_\_\_\_ TPRs Received: \_\_\_\_\_ Encounters Received: \_\_\_\_\_ Given: \_\_\_\_\_  
 Family participation: Visit: \_\_\_\_\_ Mail: \_\_\_\_\_ Phone Call: \_\_\_\_\_ Family Ed: \_\_\_\_\_ From Whom: Wife

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: medical LOCK DOWN

Counselor's Signature: [Signature]

Date: 7-30-2020

1. Write a paragraph explaining what you learned in Phase group this week:

learned about guilt and shame and how they relate to our values and morals - learned about the relationship between substance abuse and truthfulness and how the closer we are to using, the more dishonest we become.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

learned about "old baggage" we carry around, the energy it consumes; and I learned ways to toss out the old baggage and improve self esteem. I discovered motivations (pain/pleasure) that allow change and how the strength of our motivations,

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

can allow positive or negative change in our lives.

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I reviewed my Phase II assignments with counselor and showed my completion of each and on 7-22-20 I moved forward in the program to Phase III !! YAY!

5. What privileges did you gain this week? (If none, write "None".)

none

6. What privileges did you lose this week? (If none, write "None".)

none

Write any information you want your counselor to know.

Offender Signature:

*Joshua Todd*

Date:

7-26-20

# weekly Summary Progress Note

Client's Name: Ladd Joshua W  
Last First M.I.  
Counselor: Daigle

TDCJ # 1368894 Dorm: E1-47 Phase: III  
Reporting Week: 7/27/20 - 8/2/20

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group								
Process Group								
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching								
Affirmation Group						3	3	6
Totals						3	3	6
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program	4	4	4	4	4			20
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
Totals	4	4	4	4	4	1	1	22

TDCJ Job Assignment/ Change: Kitchen Education/Changes: — Structure Position: —  
 Tickets Written: — Slips Written: — I.E.'s Received: — TPRs Received: — Encounters Received: — Given: —  
 Family participation: Visit: — Mail: 1 Phone Call: 4 Family Ed: — From Whom: Wife

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other:

Did He Attend Make Up Group? ☐Yes ☐No

Stages of Change: ☐Pre-Contemplation ☐Contemplation ☐Preparation ☐Action / ☐Maintenance

**Other Comments:**

**Counselor's Signature:**

Date: 8-5-2020

1. Write a paragraph explaining what you learned in Phase group this week:

I learned about temptations that will inevitably arise once I get out and how I react to the feelings and my thoughts will ultimately play a vital role on whether I maintain sobriety or relapse.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

I learned how stress is a major factor for both relapse and crime, and how freedom CAN be a relapse trigger, and various ways to occupy leisure time to avoid the inevitable temptations that will arise.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

No Encounter groups during COVID-19  
medical lockdowns or quarantines  
and we are doing alternative treatment

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I have completed pages 1-7 in my Phase III workbook this week.

5. What privileges did you gain this week? (If none, write "None".)

None

6. What privileges did you lose this week? (If none, write "None".)

None

Write any information you want your counselor to know.

Offender Signature:

Joshua Todd

Date:

8-2-20

## Weekly Summary Progress Note

Client's Name: Ladd Joshua W  
 Last First M.I.

TDCJ #: 1368894 Dorm: \_\_\_\_\_ Phase: III

Counselor: Dargle

Reporting Week: 8/3/20 - 8/9/20

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group								
Process Group								
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching								
Affirmation Group						3	3	6
Totals						3	3	6
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program	4	4	4	4	4			20
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
Totals	4	4	4	4	4	1	1	22

ALTERNATIVE  
TREATMENT

COVID-19

TDCJ Job Assignment/ Change: Kitchen Education/Changes: \_\_\_\_\_ Structure Position: \_\_\_\_\_  
 Tickets Written: \_\_\_\_\_ Slips Written: \_\_\_\_\_ L.E.'s Received: \_\_\_\_\_ TPRs Received: \_\_\_\_\_ Encounters Received: \_\_\_\_\_ Given: \_\_\_\_\_  
 Family participation: Visit: \_\_\_\_\_ Mail: \_\_\_\_\_ Phone Call: 7 Family Ed: \_\_\_\_\_ From Whom: Wife

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

Counselor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

1. Write a paragraph explaining what you learned in Phase group this week:

I learned the common beliefs and attitudes and feelings that lead to relapse. I learned the power that addiction has over me and various techniques to counter the urges and cravings I may get.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

I learned about certain personality traits that victims and abusers have that could be very similar in ways. I learned about ineffective communication in parenting and assertive ways to communicate with my children.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

No encounter group during medical lockdown or quarantine  
we are doing alternative treatment

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I have completed pages 8-14 in my Phase III workbook this week.

5. What privileges did you gain this week? (If none, write "None".)

none

6. What privileges did you lose this week? (If none, write "None".)

none

Write any information you want your counselor to know.

Offender Signature:

Shua Feld

Date:

8-9-20

# Weekly Summary Progress Note

Client's Name: Ladd Joshua W  
 Last First M.I.  
 Counselor: Daigle

TDCJ # 1368894 Dorm: F1-47 Phase: III  
 Reporting Week: 8/10/20 - 8/16/20

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group								
Process Group								
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching						3	3	6
Affirmation Group						3	3	6
Totals								
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)	4	4	4	4	4			20
Alternative Treatment Program								
Treatment Work / GI						1	1	
Parenting								
Outside Support Group Meetings (T, W, F, S)	4	4	4	4	4	1	1	22
Totals								

*Alternative Treatment*

*Covid-19*

TDCJ Job Assignment/ Change: Kitchen Education/Changes: \_\_\_\_\_ Structure Position: \_\_\_\_\_  
 Tickets Written: \_\_\_\_\_ Slips Written: \_\_\_\_\_ L.E.'s Received: \_\_\_\_\_ TPRs Received: \_\_\_\_\_ Encounters Received: \_\_\_\_\_ Given: \_\_\_\_\_  
 Family participation: Visit: \_\_\_\_\_ Mail: \_\_\_\_\_ Phone Call: 6 Family Ed: \_\_\_\_\_ From Whom: Wife

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

Counselor's Signature: \_\_\_\_\_

Date: \_\_\_\_\_



1. Write a paragraph explaining what you learned in Phase group this week:

I wrote summaries of my chemical abuse history and my criminal history, I learned the "pay-off" inventory of each of these. I also learned all the things that constantly stress me out in my life.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

I learned healthy ways of expressing anger and key ingredients to healthy relationships - I learned about real life situations that can be similar in nature to something I could experience and how to deal with them.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

No Encounter groups during medical lockdown or quarantine because of COVID-19  
doing alternative treatment

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I have completed pages 15-21 in my Phase III workbook.

5. What privileges did you gain this week? (If none, write "None".)

none

6. What privileges did you lose this week? (If none, write "None".)

none

Write any information you want your counselor to know.

Offender Signature:

*Ashe J. Bell*

Date:

8-16-20

## Weekly Summary Progress Note

Client's Name: LADD Joshua W  
Last First M.I.

TDCJ #: 1368894 Dorm: E1-47 Phase: III

Counselor: Daigle

Reporting Week: 8/17/20 - 8/23/20

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group								
Process Group								
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching								
Affirmation Group						3	3	6
Totals						3	3	6
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program	4	4	4	4	4			20
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
Totals	4	4	4	4	4	1	1	22

TDCJ Job Assignment/ Change: Kitchen Education/Changes: — Structure Position: —

Tickets Written: — Slips Written: — L.E.'s Received: — TPRs Received: — Encounters Received: — Given: —

Family participation: Visit: — Mail: — Phone Call: 5 Family Ed: — From Whom: wife

DO NOT WRITE BELOW THIS LINE

Client Received:                      Direct Treatment Hours                      Indirect Treatment Hours

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other:                     

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments:                     

Counselor's Signature:                     

Date:

1. Write a paragraph explaining what you learned in Phase group this week:

I learned about coping strategies in confrontations with others - I learned about problem solving strategies and focused strategies, and more about relaxation techniques that help quiet the mind.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

I learned my personal aggression scale (I was average) and I learned how to adjust my behavior appropriately. I discovered personal warning signs that tell me when I am beginning to get angry.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

We do not have encounter groups at this time.  
Alternative treatment for me.

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I have completed pages 22-28 in my Phase III workbook. I also began filling out my Relapse Prevention Plan in same book. Completed pages 73-79 in ~~Phase III~~ phase III book.

5. What privileges did you gain this week? (If none, write "None".)

none

6. What privileges did you lose this week? (If none, write "None".)

none

Write any information you want your counselor to know.

Offender Signature:

*Joshua Todd*

Date:

8-23-20

## Weekly Summary Progress Note

Client's Name: Ladd Joshua W  
 Last First M.I.  
 Counselor: Dargle

TDCJ #: 1368894 Dorm: E1-47 Phase: III  
 Reporting Week: 8/24/20 - 8/30/20

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group								
Process Group								
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching								
Affirmation Group						3	3	6
Totals						3	3	6
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program	4	4	4	4	4			20
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
Totals	4	4	4	4	4	1	1	22

ALTERNATIVE TREATMENT

TDCJ Job Assignment/ Change: Kitchen Education/Changes: \_\_\_\_\_ Structure Position: \_\_\_\_\_  
 Tickets Written: \_\_\_\_\_ Slips Written: \_\_\_\_\_ L.E.'s Received: \_\_\_\_\_ TPRs Received: \_\_\_\_\_ Encounters Received: \_\_\_\_\_ Given: \_\_\_\_\_  
 Family participation: Visit: \_\_\_\_\_ Mail: \_\_\_\_\_ Phone Call: 7 Family Ed: \_\_\_\_\_ From Whom: Wife

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

Counselor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

1. Write a paragraph explaining what you learned in Phase group this week:

I learned several relaxation techniques for a longer, happier life. I learned about goal-setting and planning a self-inventory. I learned about work attitudes that lead to problems.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

learned about felony questions on job applications and proper ways to answer in an interview. Did a mock interview and learned ways and tips to find a good job and keep it.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

No Encounter group  
during COVID-19

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I have completed pages 29-35 in my workbook for Phase III. Finished more pages in my Relapse Prevention Plan, which was pages 80-85 in phase III book.

5. What privileges did you gain this week? (If none, write "None".)

none

6. What privileges did you lose this week? (If none, write "None".)

none

Write any information you want your counselor to know.

Offender Signature

*Shawn Gault*

Date:

8-30-20

## Weekly Summary Progress Note

Client's Name: Ladd Joshua W  
Last First M.I.  
 Counselor: Dargle

TDCJ #: 136884 Dorm: E1-47 Phase: III  
 Reporting Week: 8/31/20 - 9/6/20

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group								
Process Group								
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching								
Affirmation Group						3	3	6
Totals						3	3	6
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program	4	4	4	4	4			20
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
Totals	4	4	4	4	4	1	1	22

Alternative Treatment

TDCJ Job Assignment/ Change: Kitchen Education/Changes: \_\_\_\_\_ Structure Position: \_\_\_\_\_  
 Tickets Written: \_\_\_\_\_ Slips Written: \_\_\_\_\_ L.E.'s Received: \_\_\_\_\_ TPRs Received: \_\_\_\_\_ Encounters Received: \_\_\_\_\_ Given: \_\_\_\_\_  
 Family participation: Visit: \_\_\_\_\_ Mail: \_\_\_\_\_ Phone Call: 1 Family Ed: \_\_\_\_\_ From Whom: Wife

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue  
☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

Counselor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

1. Write a paragraph explaining what you learned in Phase group this week:

I learned about job applications and resumes - how to complete cover letters and effective verbs to help my resume stand out from others - Completed a sample resume and sent it home

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

I learned about temptations that will inevitably arise once I get out and how I react to the feelings and thoughts will ultimately play a vital role on whether I maintain sobriety or relapse.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

No encounter group during  
COVID-19 issue

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I finished pages 36-42 in my workbook for Phase III. I also completed my Relapse Prevention Plan, which was 86-90 in phase III book.

5. What privileges did you gain this week? (If none, write "None".)

none

6. What privileges did you lose this week? (If none, write "None".)

none

Write any information you want your counselor to know.

Offender Signature:

*Abhua Todd*

Date:

9-6-20

# Weekly Summary Progress

Client's Name: Ladd Joshua W  
 Last First MI  
 Counselor: I have no clue

TDCJ #: 1368894 Dorn: E1-47 Phase: III  
 Reporting Week: 9/7/20 - 9/13/20

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics	1							
Encounter Group								
Process Group								
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching						3	3	6
Affirmation Group						3	3	6
Totals								
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)		4	4	4	4			16
Alternative Treatment Program								
Treatment Work / GI						1	1	2
Parenting								
Outside Support Group Meetings (T, W, F, S)		4	4	4	4	1	1	18
Totals								

Alternative Treatment

Day

Label

TDCJ Job Assignment/ Change: Kitchen Education/Changes: \_\_\_\_\_ Structure Position: \_\_\_\_\_  
 Tickets Written: \_\_\_\_\_ Slips Written: \_\_\_\_\_ L.E.'s Received: \_\_\_\_\_ TPRs Received: \_\_\_\_\_ Encounters Received: \_\_\_\_\_ Given: \_\_\_\_\_  
 Family participation: Visit: \_\_\_\_\_ Mail: \_\_\_\_\_ Phone Call: 5 Family Ed: \_\_\_\_\_ From Whom: Wife

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue  
☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

Client appeared cooperative with staff and attended all required groups.  
 Counselor's Signature: \_\_\_\_\_ has been turning in assignments on time and in good order.

*[Handwritten Signature]*



1. Write a paragraph explaining what you learned in Phase group this week:

Completed and learned about felony questions on job applications and proper ways to answer in an interview. I learned ways to help me find a job and then keep it once I obtained it.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

I learned several relaxation techniques for a longer, happier life. I learned about goal setting, S.M.A.R.T. goals, and planning a self-inventory. I learned about work attitudes that can lead to problems.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

No encounter groups during COVID-19

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I finished pages 43-49 in my workbook for Phase III.

5. What privileges did you gain this week? (If none, write "None".)

None

6. What privileges did you lose this week? (If none, write "None".)

lost Commissary/Recreation for 30 days

Write any information you want your counselor to know.

Offender Signature:

*Abner Ladd*

Date:

9-13-20

## Weekly Summary Progress Note

Client's Name: Ladd Joshua W  
 Last First M.I.  
 Counselor: Dangle 2 Dumas, CI

TDCJ #: 1368894 Dorm: E1-47 Phase: III  
 Reporting Week: 9/14/20 - 9/20/20

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group								
Process Group	3							3
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching								
Affirmation Group						3	3	6
Totals						3	3	6
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program	4	4	4	4	4			20
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
Totals	4	4	4	4	4	1	1	22

TDCJ Job Assignment/ Change: Kitchen Education/Changes: \_\_\_\_\_ Structure Position: \_\_\_\_\_  
 Tickets Written: \_\_\_\_\_ Slips Written: \_\_\_\_\_ L.E.'s Received: \_\_\_\_\_ TPRs Received: \_\_\_\_\_ Encounters Received: \_\_\_\_\_ Given: \_\_\_\_\_  
 Family participation: Visit: \_\_\_\_\_ Mail: \_\_\_\_\_ Phone Call: 7 Family Ed: \_\_\_\_\_ From Whom: Wife

DO NOT WRITE BELOW THIS LINE

Client Received: 3 Direct Treatment Hours 20 Indirect Treatment Hours

☒ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue  
☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☒ Other: Alternative Treatment groups

Did He Attend Make Up Group? ☐ Yes ☒ No

Stages of Change: ☒ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

Offender attended all required groups and has not had any discipline issues that  
 counselor knows of. Offender appears to be making progress in treatment.  
 Counselor's Signature: C. Dumas, CI Date: 9-21-2020

1. Write a paragraph explaining what you learned in Phase group this week:

I Filled out my personal aggression scale (and I was average) I learned how to adjust my behavior appropriately. Discovered personal warning signs that I am beginning to anger

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

I learned coping strategies in confrontations with others. I learned about problem solving strategies and focused strategies and how relaxation techniques can be used to help quiet my mind and focus my attentions

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

No Encounter Group due to COVID-19

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I completed pages 50-56 in my Phase III workbook.

5. What privileges did you gain this week? (If none, write "None".)

None

6. What privileges did you lose this week? (If none, write "None".)

none

Write any information you want your counselor to know.

Offender Signature:

*[Signature]*

Date:

9-20-20

## Weekly Summary Progress Note

Client's Name: Ladd Joshua W  
 Last First M.I.  
 Counselor: Dargle

TDCJ #: 1368844 Dorm: F1-47 Phase: III  
 Reporting Week: 9/21/20 - 9/27/20

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group								
Process Group								
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching								
Affirmation Group						3	3	6
Totals						3	3	6
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program	4	4	4	4	4			20
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
Totals	4	4	4	4	4	1	1	22

TDCJ Job Assignment/ Change: Kitchen Education/Changes: \_\_\_\_\_ Structure Position: \_\_\_\_\_  
 Tickets Written: \_\_\_\_\_ Slips Written: \_\_\_\_\_ L.E.'s Received: \_\_\_\_\_ TPRs Received: \_\_\_\_\_ Encounters Received: \_\_\_\_\_ Given: \_\_\_\_\_  
 Family participation: Visit: \_\_\_\_\_ Mail: 2 Phone Call: 2 Family Ed: \_\_\_\_\_ From Whom: wife

DO NOT WRITE BELOW THIS LINE

Client Received: \_\_\_\_\_ Direct Treatment Hours \_\_\_\_\_ Indirect Treatment Hours \_\_\_\_\_

☐ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue

☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☐ Other: \_\_\_\_\_

Did He Attend Make Up Group? ☐ Yes ☐ No

Stages of Change: ☐ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

Offender attended all required groups and has not had any discipline issues that counselor knows of. Offender appears to be making progress in treatment.

Counselor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

1. Write a paragraph explaining what you learned in Phase group this week:

I learned healthy ways of expressing anger - I also learned key ingredients to healthy relationships - learned about real life situations that can be similar in nature to something I could experience

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

I wrote summaries of my chemical abuse history and my criminal history and I learned the "pay-off" inventory of each of those. I also learned all the things that constantly stress me out in my life.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

No Encounter Groups  
due to COVID-19

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I finished pages 57-63 in my Phase III workbook

5. What privileges did you gain this week? (If none, write "None".)

none

6. What privileges did you lose this week? (If none, write "None".)

none

Write any information you want your counselor to know.

Offender Signature:

*John Stodd*

Date:

9-27-20

## Weekly Summary Progress Note

Client's Name: Last Joshua W. M.I.  
Counselor: Dargle

TDCJ #: 668894 Dorm: FL47 Phase: III  
Reporting Week: 9/28/20 - 10/4/20

Direct Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
General Meeting / Family Dynamics								
Encounter Group								
Process Group		3						3
Phase Groups								
Life Skills								
Step Work								
Peer Education (HIV)								
Orientation								
Cognitive Intervention Group / Mapping								
Individual Session(s)								
Marching								
Affirmation Group						3	3	6
Totals						3	3	6
Indirect Treatment Hours	MON	TUES	WED	THUR	FRI	SAT	SUN	Totals
Chapel Classes								
Family Meeting (AMD or PMD)								
12-Step / SOS / Celebrate Rec/ Groups								
Winners Circle Peer Support								
Big Brother / Little Brother (Time Spent)								
Alternative Treatment Program	4	4	4	4	4			20
Treatment Work / GI								
Parenting						1	1	2
Outside Support Group Meetings (T, W, F, S)								
Totals	4	4	4	4	4	1	1	22

Alternate Treatment

TDCJ Job Assignment/ Change: Kitchen Education/Changes: \_\_\_\_\_ Structure Position: \_\_\_\_\_  
 Tickets Written: \_\_\_\_\_ Slips Written: \_\_\_\_\_ L.E.'s Received: \_\_\_\_\_ TPRs Received: \_\_\_\_\_ Encounters Received: \_\_\_\_\_ Given: \_\_\_\_\_  
 Family participation: Visit: \_\_\_\_\_ Mail: \_\_\_\_\_ Phone Call: 7 Family Ed: \_\_\_\_\_ From Whom: Wife

DO NOT WRITE BELOW THIS LINE

Client Received: 3 Direct Treatment Hours 20 Indirect Treatment Hours

☒ Client did not receive 20 Direct Service Hours due to: ☐ Medical Lay-In ☐ Education ☐ Security Issue  
☐ Staff Training ☐ TDCJ Job ☐ Holiday Schedule ☒ Other: Alternative treatment group

Did He Attend Make Up Group? ☐ Yes ☒ No

Stages of Change: ☒ Pre-Contemplation ☐ Contemplation ☐ Preparation ☐ Action / ☐ Maintenance

Other Comments: \_\_\_\_\_

Client appeared cooperative with staff and attended all required groups.

Offender has been turning in assignments on time and in good order.

Counselor's Signature: C. Dargle, CJ

Date: 10-08-2020

*[Handwritten Signature]*

1. Write a paragraph explaining what you learned in Phase group this week:

I learned about certain personality traits that victims and abusers have that could be very similar in ways. I learned about ineffective communication in parenting. Also assertive ways to communicate with my children.

2. Write a paragraph explaining what you learned about yourself in Process Group this week:

I learned the common beliefs and attitudes and feelings that lead to relapse. I learned the power that addiction has over me and various techniques to counter the urges and cravings I may get.

3. Write a paragraph explaining what you learned about yourself in Encounter Group this week:

No Encounter Groups  
due to COVID-19

4. What objectives/assignments/methods have you completed or worked on from your Treatment Plan this past week?

I finished pages 64-70 in my Phase III workbook. I have completed the workbook in its entirety, and submitted last seventeen pages (which is Relapse Prevention Plan) to my counselor.

5. What privileges did you gain this week? (If none, write "None".)

none

6. What privileges did you lose this week? (If none, write "None".)

~~None~~ Yes, The TV  
(not me only, The whole bldg.)

Write any information you want your counselor to know.

Offender Signature: [Signature]

Date: 10-4-20



EXAMPLE

## TEXAS DEPARTMENT OF CRIMINAL JUSTICE

5/7/2020



### REHABILITATION PROGRAMS DIVISION Gist IPTC/PRSAP

The following Alternative Treatment Program/Assignments are for clients assigned to Phase II (Cognitive) of treatment.

10-minute break between each hour \* times can be adjusted

**First Hour of Programming:**

For each component on a Self- Control model describe how you met each need while at home.

**Second Hour of Programming:**

For each component on a Self- Control model describe how you met each need while in prison.

**Third Hour of Programming:**

Why is determining your thinking errors so important to change?

**Fourth Hour of Programming: Self Study**

How can you Euphoric Recall cause a relapse, what can you do to combat that?

Each client is responsible for completing all assignments each day as independent study. If the client is in a *Direct Service Hour* with a counselor during one of the above noted assignments, they will still be responsible for the assignment. The *Direct Service Hour* (process group of ~ 10) held by staff, will be discussing the assignments from the previous day. Group sign in sheets, in accordance with SATOM, will be maintained for each *Direct Service Hour*.

Example



**Larry Gist Unit**  
**3295 FM-3514**  
**Beaumont, Texas 77705**  
**409-727-8400**

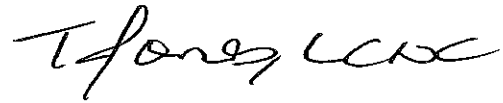
***Progress Note***

**Offender Name:** Ladd, Joshua

**Offender ID#:** 1368894

<u>Date</u>	<u>Type of Session</u>	<u>Time of Session</u>
05/26/2020	Monthly & Individual Progress Note	9:06am - 9:25am

**Note:** Due to Unit being on Lockdown for COVID-19 quarantine no contact has been made with this offender for this time period. He has been given worksheets daily to complete on his bunk..



Ms. T. Jones, LCDC

05/26/2020

TAS:

This letter is just a quick informative letter to supplement the survey.

99% of people here, including myself, were delayed for months of our scheduled start date, which prolongs the program completion date of everyone, in turn creating a perpetual waiting list that never decreases or gets caught up.

The entire program is a scam, period. We are not programming, but of course are threatened with program extensions if we do not fill out the tracking sheets, which translate into "billable hours". So we are participating in this fraud if we want to go home.

I sent in an example of our daily assignments used just to say we are programming. Everybody just writes bogus crap so they can get out. The "program" is ridiculous. Each of us could do this from home, if we aren't in groups for Covid-19 anyway, and we see no counselors AT ALL except when we "phase-up" in which we sign a form essentially saying we are programming, yet they also provide a copy of appropriate answers for these "test". Anyone else committing this fraud would be



charged with a Felony. They are only keeping us for monetary gain. The Tracking sheets and sign-in sheets are so our "paper Audit" upon completion looks legitimate for the parole board. No body looks at or grades ANY paperwork. I have 15 pages of essays that I wrote as part of my Master Treatment Plan, only to find out no one looks at them, no one asks for them, and no one cares, I get laughs because I actually did them, for nothing.

We've been eating a peanut butter & meat sandwich everyday, 3 times a day. No fruits, No vegetable nothing to possibly build our immune systems up. on weekends we get ~~sticker~~ dicked a meal, only getting fed twice a day. The rations are hardly enough to sustain a 10 year old child.

We get no recreation, we get one five-minute phone call a day - and that just started, it was cut off completely. I feel like I'm in a 3rd world country. No visits, no food, no rec, ..

I've written to Austin Parole Board and requested reconsideration, as have numerous other offenders, yet we receive no response, our families try to find