



U.S. Representative Grace Meng

Proudly Serving New York's 6th Congressional District



Coronavirus (COVID-19) Community Resources

COVID -19

Symptoms

For confirmed COVID-19 cases, reported symptoms include: fever, cough, and shortness of breath. The CDC believes at this time that symptoms of COVID-19 may appear 2 to 14 days after exposure.

Know How it Spreads

The virus is thought to spread mainly from person-to-person.

- Between people who are in close contact with one another.
- Through respiratory droplets produced when an infected person coughs or sneezes.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

For more information about COVID-19, please visit <https://www.cdc.gov/coronavirus/2019-ncov/>

What to Do if You Are Sick

Call your healthcare professional if you are experiencing any symptoms associated with COVID-19, have been in close contact with a person known to have COVID-19, or if you live in or have recently traveled from an area with ongoing spread of COVID-19.

- **New York State Helpline:** 1-888-364-3065.
- **NY Presbyterian COVID-19 Hotline:** 646-697-4000.
- **For help finding a health care provider:** call 311.
- **For a testing appointment,** please call 1-844-NYC-4NYC.

Beware of Scams

Do not respond to calls, emails, or other communications claiming to be from the U.S. Treasury Department and offering COVID-19 related grants or stimulus payments in exchange for personal financial information, or an advance fee, tax, or charge of any kind, including the purchase of gift cards. Please contact the FBI at www.ic3.gov so that the scammers can be tracked and stopped.

- **To report Price Gouging,** call 311 or visit: nyc.gov/dcwp.
- **To report harassment,** call 311 or 1-888-440-HATE.

Take Steps to Protect Yourself (CDC.gov)

Clean your hands often



Stay home if you're sick



Avoid close contact



Cover coughs and sneezes



Clean and disinfect



Please Contact Our Office with Questions or Concerns:

Email: NY06Casework@mail.house.gov

Phone: 718-358-6364 (to be connected to a staff member during business hours)



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Social Security Administration

All local **Social Security offices** will be closed to the public for in-person service effective March 17, 2020.

For critical issues, contact your local office directly via the telephone number listed at <https://secure.ssa.gov/ICON/main.jsp>.

If you cannot complete your Social Security business online, please call **1-800-772-1213**.

For more information, please visit: <https://www.ssa.gov/>

Veterans Affairs

Veterans experiencing COVID-19 symptoms—such as fever, cough, and shortness of breath—are encouraged to **call their VA medical facility** or call **MyVA311 (844-698-2311, press #3)** to be connected).

Please visit www.va.gov/coronavirus for the most up to date information

U.S. Postal Service

To date, there are no changes with branch office hours or mail delivery.

For more information, please visit: <https://www.usps.com/>

Internal Revenue Service

The due date for filing federal income tax returns AND making federal income tax payments has been automatically postponed to July 15, 2020.

For more information, please visit: <https://www.irs.gov/>

U.S. Citizenship and Immigration Services

Effective March 18, USCIS is suspending in-person services at its field offices, asylum offices and Application Support Centers (ASCs) to help slow the spread of COVID -19 until at least April 1.

In the meantime, please call 800-375-5283 for assistance with emergency services.

USCIS field offices will send notices to applicants and petitioners with scheduled appointments and naturalization ceremonies impacted by this closure. USCIS asylum offices will send interview cancellation notices and automatically reschedule asylum interviews. When the interview is rescheduled, asylum applicants will receive a new interview notice with the new time, date and location of the interview.

For more information, please visit: USCIS.gov/coronavirus

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Small Business Disaster Assistance

Federal SBA Economic Injury Disaster Loan (EIDL)

Small businesses seeking SBA disaster loan relief are first encouraged to contact a representative from the New York Small Business Development Center (SBDC):

- LaGuardia SBDC at sbdc@lagcc.cuny.edu
- York College SBDC at sbdc@york.cuny.edu
- York College SBDC at sbdc@york.cuny.edu
- For more information, please visit <https://disasterloan.sba.gov/>

NYC Financial Assistance

The City will offer financial assistance to small businesses to help lessen the economic effect of the coronavirus. Businesses may qualify for low-interest loans and employee retention grants.

- NYC Employee Retention Grant Program: <https://www1.nyc.gov/nycbusiness/article/nyc-employee-retention-grant-program>
- NYC Small Business Continuity Fund (Application Opening Soon)
 - Online: <https://www1.nyc.gov/site/sbs/businesses/covid19-business-financial-assistance.page>

For more information, please visit [nyc.gov/SBS](https://www1.nyc.gov/SBS).

Financial Assistance

Unemployment Insurance

New York State is waiving the 7-Day waiting period for unemployment insurance benefits for people who are out of work due to Coronavirus (COVID-19) closures or quarantines.

For more information, please visit <https://www.labor.ny.gov/home/>, or call (888) 209-8124.

Rent Arrears and Public Assistance

If your work schedule was reduced as a result of the coronavirus and you are unable to pay your rent, you can apply for a Cash Assistance special grant request to get benefits for emergencies. You will need to have an in-person interview to complete the application process.

- Phone: (718) 557-1399
- Online: <https://a069-access.nyc.gov/accesshra/>

Paid Safe and Sick Leave

Governor Cuomo signed the bill guaranteeing job protection and pay for New Yorkers who have been quarantined as a result of novel coronavirus.

For more information, please visit <https://www1.nyc.gov/site/dca/about/paid-sick-leave-law.page>

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Public Schools

All NYC public schools, including 3K and pre-K programs, are closed effective March 16 and are scheduled to reopen on Monday, April 20th.

Grab-and-Go breakfast and lunch will be available at all NYC public school from 7:30 AM to 1:30 PM. This service will be available through Wednesday, April 8th.

For more information, please visit: <https://www.schools.nyc.gov/>

Medicare

Medicare covers the lab tests for COVID-19. You pay no out-of-pocket costs. When a vaccine for COVID-19 becomes available, it will be covered by Medicare Part D.

For more information on coverage, please visit: <https://www.medicare.gov/medicare-coronavirus>

Telehealth

Medicare has temporarily expanded its coverage of telehealth services to respond to the current Public Health Emergency.

- Please visit: <https://www.medicare.gov/coverage/telehealth> for additional information.
- Or call 1-800-MEDICARE (1-800-633-4227)

For more information, please visit: <https://www.medicare.gov/>

Housing

Tenants

Effective March 16th, all eviction proceedings, and pending eviction orders have been suspended statewide until further notice.

NYCHA Residents

Any NYCHA resident experiencing a loss of income is being encouraged to request an Interim Recertification for any decrease in income that will last more than two months by visiting: <https://selfserve.nycha.info/>.

Residents with further questions or concerns should contact NYCHA's customer contact center at 718-707-7771.

For more information, please visit: <https://www1.nyc.gov/site/nycha/index.page>

Senior Centers

Effective March 16, Mayor de Blasio has mandated that all **senior centers** in New York City must close and shift to meal deliveries or take-home meals for older adults.

- If you need help finding a health care provider, call 311.
- If you need someone to talk to, call: 1-888-NYC-WELL or Text WELL to 65173.
- If you have questions about senior center closures or where you can pick up meals, call 311.

Aging Connect

Aging Connect is the City's direct link to aging services.

- Call 212-AGING-NYC (212-244-6469) for senior who need supplies or food delivery.

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